**Our Snacks at Playscheme**

**Please ask the site coordinator for more information about the ingredients we use in our snacks.**

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|  | **Celery** | **Crustace-ans** | **Eggs** | **Fish** | **Gluten** | **Lupin** | **Milk** | **Molluscs** | **Mustard** | **Nuts** | **Peanuts** | **Sesame Seeds** | **Soya** | **Sulphur Dioxide** |
| **Bread sticks** |  |  |  |  | **** |  |  |  |  |  |  |  |  |  |
| **Crumpets** |  |  |  |  | **** |  |  |  |  |  |  |  |  |  |
| **Poppadoms** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Taco shells** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Rice cakes** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Bread** |  |  |  |  | **** |  |  |  |  |  |  |  |  |  |
| **Crackerbread** |  |  |  |  | **** |  |  |  |  |  |  |  |  |  |
| **Pancakes** |  |  | **** |  | **** |  | **** |  |  |  |  |  |  |  |
| **Houmous** |  |  |  |  |  |  |  |  |  |  |  | **** |  |  |
| **Salsa** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Guacamole** |  |  |  |  |  |  | **** |  |  |  |  |  |  |  |
| **Dairy free spread** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Cheese&Chive dip** |  |  |  |  |  |  | **** |  |  |  |  |  |  |  |
| **Mango chutney** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Jam** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Marmite** | **** |  |  |  | **** |  |  |  |  |  |  |  |  |  |
| **Honey** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Golden syrup** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Cheese** |  |  |  |  |  |  | **** |  |  |  |  |  |  |  |
| **Squash** |  |  |  |  |  |  |  |  |  |  |  |  |  | **** |
| **Cakes (Baking)** |  |  | **** |  | **** |  | **** |  |  |  |  |  |  |  |
| **Yoghurt** |  |  |  |  |  |  | **** |  |  |  |  |  |  |  |
| **Passata** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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