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| What should I do if….? | Action needed… |
| My child is feeling ill with Covid-19 symptoms of: * **a high temperature** – this means your child feels hot to touch on their chest or back
* **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours
* **a loss or change to your sense of smell or taste** – this means your child cannot smell or taste anything, or things smell or taste different to normal.

Most children with Covid-19 have at least one of these symptoms.  | **DO NOT SEND YOUR CHILD TO UCHP**Your child will need to isolate for 10 days from the start of symptoms; you should book a test for your child The rest of the household should take a PCR test Make sure you tell UCHP immediately about the result of the test. |
| My child is feeling ill with **other symptoms** such as a sore throat, runny nose or a headache. | You should act in the same way as you would have done before the pandemic. This may involve sending your child to UCHP or keeping them at home, depending on the nature and severity of symptoms. Of course you should seek medical advice via your GP or NHS direct on 111 if you would normally do so.  Please note – if your child has sickness or diarrhoea they should not return to UCHP until 48 hours after the last bout of this, as is normal policy. |
| Someone in my household has Covid-19 symptoms | Children under 18 years do not need to self-isolate and can attend UCHP as normal |
| Someone in my household tests **positive** for Covid-19 | Children under 18 years do not need to self-isolate and can attend UCHP as normal. You may wish to take your child for a PCR test  |
| Someone in my household with symptoms tests **negative** for Covid-19 | Your child can attend UCHP, assuming they are well. |
| My child tests **positive** for Covid-19 | **DO NOT SEND YOUR CHILD TO UCHP.**  Your child must isolate for 10 days from the start of symptoms, please let UCHP know via email. |
| My child tests **negative** for Covid-19 (test done when the child had symptoms) | Your child can return to UCHP, assuming they are well. |

Covid-19 Related Absence from UCHP – a Quick Guide for Parents